# EMILY

I speak to diverse audiences about the power that emerges when we connect with our inner wisdom.



Presentation Topics:

#### The Role of Intuition in Healthcare

- Seize the value of Intuition to support critical thinking and advance the quality of patient care.
- Audience: Nurses

#### The Art of Balance: Learn to Navigate Your Path

- Discover how balance is available, even in the moments it feels the farthest away.
- Audience: Personal Development/Wellness

## Unlock the Voice Within: Awakening the Silent Language® of You

- Deliver with confidence, who you are on the inside, out into the world around you
- Audience: High school/College

### The Wisdom of the Wild: Developing a Relationship with Nature

- How does the Energy of Nature support your overall wellbeing and happiness.
- Audience: Personal Development/Wellness

## What Others are Saying:

"Emily is such a natural, and so knowledgeable! She immediately made me feel at ease, and I learned so much about the mind/body connection and how it can fuel our well-being, if we really listen to it. The tools she provides for daily application awakened a sense of calm that I didn't think I possessed. She comes highly recommended, and now I know why. Thanks, Emily!"

About Emily

Emily is passionate and dedicated to listening to the innate wisdom of our Body, which guides us on the road to health, happiness, and balance. She is a Registered Nurse with two decades of experience in clinical practice and in the fields of Energy Work and Energy Medicine. She holds certificates in Reiki, Healing Touch Method, and western Herbalism, and also has extensive training in nutrition, meditation, and various forms of Energetic Bodywork and nature-based practices.

By fusing her knowledge as an RN with her passion and study of energetic therapies, Emily provides a unique understanding and a pathway to discovering our holistic selves and self-care. Her diverse background assists her with a wide variety of clients and formats including individual sessions, group classes, and speaking engagements.

One goal of her work is to meet people wherever they are on their journey in life and to assist them in discovering a possible road towards health, balance, and forward momentum with confidence and joy.

Emily lives her life with an understanding of balance and is always exploring new ways to help her audiences expand their existence with positivity and confidence.



Contact Emily:

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